

Dear Parent/Carer,

**Great Barford Primary Academy** will be taking part in Team GB and ParalympicsGB's virtual **Travel to Tokyo challenge** and we're encouraging the entire school community to join in too! We'd like you to get started over the half term break. We have set up four teams: Red, Yellow, Green and Blue so get active and record for your team!

We have turned the school into **Travel to Tokyo teams** and they will be making a 47,349 kilometre virtual journey around the world to reach Tokyo in time for the 2021 Olympic and Paralympic Games. All you need to do is get active as a family and click on this link to record your activity: **Log Activity page**.

You can get started by trying some fun ideas here: **Travel to Tokyo activity ideas**. All the physical activity your family does will count towards our team journey. You don't need lots of equipment or space – playing in the park or having a dance off to your favourite song – if it gets your heart pumping, it all counts!

There will also be great prizes on the website to win, like fitness trackers and Games hampers for the whole family.

You can keep track of our team's progress and check out the weekly prize on our **School Dashboard**. Select their team to see their journey across the world!

Please send us photos and videos of you and your family getting active, so we can share how we're doing! #TTTYourWay

Don't forget, you can find our page at: <https://www.getset.co.uk/travel-tokyo/log-activity> and use our postcode of MK44 3JU. Get active and record it for your colour team!

Many thanks

Mrs Litchfield

PE and Physical Activity Lead